



INNER VORTEX

PUBLISHING

News from The Inner Vortex

In This Issue

[What's Up at TIV](#)

[Costa Rica January 2010](#)

[A Message from Mary](#)

Quick Links

Come and see us at
our seminar in

[Brookfield, WI](#)
&
[Chicago, Illinois](#)

[Newsletter Archive](#)

[Who is Mary??](#)

Join Our List

[Join Our Mailing List!](#)

Quick Links



Hello Friend!

Every time I sit down to write this Newsletter, my heart fills to bursting with the love and gratitude I have for each and every one of you who have blessed our lives with such abundance of love, soul sharing, encouragement, joy and expansiveness. It is such a blessing to really know and experience the extraordinary nature of friendship. The gift of beautifully sharing one's life with another in any format is immeasurable.

It is with the grandest sense of appreciation for who you are that I offer Mary's words on Friendship...

Friend

Authentic Didgeridoos

make great gifts for that special someone who wants to get in touch with their tribal ancestors. You can find a huge variety here at

The Didj Shop

the web's largest choice of
GENUINE ABORIGINAL
DIDGERIDOOS
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One who is delicately traced upon the memory cells of another, wrapped around the humanness of the heart and intertwined into all that is real about the person.

To be called friend is to know the self to be real. To be called friend is to know that something of your essence, of your being, of who you are just because that's the space you hold, has forever moved and changed and entirely touched the center of the being of another soul.

To be called friend is to know the space where there is no ache; it is an invitation to be recognized and to recognize with the fullness of abandon and honor. To be called friend, then, is to move to a space of knowing; to hold space within another; to understand the truth of connectedness and no separation. To be called friend is to know the ease of one soul celebrating another in a dance that shall move and bend and twist and change with time...always bringing discovery and recognition to the soul.

To be a friend is to extend the self into the oblivion of time and space and the unknown. To be friend is to give of the self honestly offering truth and love and kindness and space to another. To be a friend is to know honor, to truly know and intertwine with honoring. To be a friend is to touch the pinnacle of joyfulness, the depth of truth and the tenderness of sorrow. To be a friend is an offering of the soul and the heart and the belief in the extraordinary nature of your own being. To be a friend is to let go of fear and to dance gallantly with another.

So then, friendship is so much more than what is recognized on the exterior or in the gestures. It connects into a level of another that there are no words for. There is no expression that can capture it; there is only the knowing that is present and pungent in the space.

It is to know there is not alone - ever.

More than I can express,
Jacque

What's Up at The Inner Vortex

Friday, July 10th
Mary is Back in Madison!
7:00 - 10:00

Contact Jeanette Yoder at
jyoder11@charter.net for details and to reserve your
seat!

Yeah! We are going to be back in Madison - Our "Home
Town" for workshops! We are so looking forward to
playing with old and new friends alike!

Friday, July 17th
**Special YogAsylum
Sponsored Event!**
Brookfield, WI
7:00 - 10:00

This will be a very special evening as we will be
introducing our new sound system - Microphones,
speakers and all! It will include a new format with a
"Golden Seat" up front for those wishing to ask questions
of Mary!

Click [here](#) for full details

Friday, July 24th
Brand New Venue
Unity On the North Shore
Evanston, IL
7:00 - 10:00

We are very excited to be presenting Mary for the first time at this new location! Come and bring friends! Help us pack the place with ecstatic, exploring souls.

Click [here](#) for full details

[More Opportunities
to Transform Your Life with Mary](#)

Private Vibration Integration Energy Work Sessions
We are offering table sessions designed to rock your senses, stir your vibration and release any stagnate energy that needs to go. You begin with having Donald stir your physical vibration through playing the didgeridoo directly over you from head to toe inviting all of your cells and particles to dance and move and completely release you to infinite relaxation. Then Mary along with the energies of the ancient healing sources of all of the indigenous cultures of the world dive into you - blending their energy with yours, expertly working with all of the layers of your being to offer elation, release and transformation wherever it is needed. This is followed by Mary guiding Donald in a didging of the spine to bring forth all of the healing energies of the spinal fluid leaving you without a nook or cranny untouched by the loving transforming power of you in union with spirit.

\$125 - E-mail us at info@themarygroup.com or call us at 815-623-1475 for more details or to schedule a session.

Private Conversations with Mary

Dive into an hour long conversation with Mary exploring anything you desire. It's all about you or any topics of your choosing. Mary is amazing at moving with each individual in the most perfect way best suited to them. We have done hundreds of these sessions and no two are the same. It's truly remarkable. This is an opportunity to meet yourself in unexpected, divine and extremely impactful ways through Mary's guidance. You can do this in person or over the phone. Your choice. Isn't that fun. *Your Choice!*

\$95 - E-mail us at info@themarygroup.com or call us at 815-623-1475 for more details or to schedule a session.

Make Your Reservations!

Costa Rica 2010

Registrations are starting to come in for this most exciting trip to Costa Rica! Be sure to get your name on the list. It promises to be an amazing, life expanding experience with Mary also offering great adventure in the Breath Giving Rain Forests of Costa Rica!



Living Without Edges II

January 16 - 24, 2010

Join us for an amazing journey into this tropical paradise!

[Click here for details](#)

Friends of Mary

**Meet Dr. Cari Jacobson
Chiropractor and Holistic
Medicine Guru
Singer/Song Writer Extraordinaire
and Mary Lover!**



Dr. Cari Jacobson (or Dr. Cari "J" as we like to call her) started practicing in the Chicago area a little over two years ago and works with people of all ages-babies, children, teens, adults, pregnant women, and seniors. She is passionate about her work in chiropractic and holistic medicine, and her objective is to help people achieve and maintain optimal health and wellness by balancing the body physically, biochemically, emotionally, and energetically. Sessions with Dr. Cari are specific and customized to each patient.

Dr. Cari is a magna cum laude graduate of Southern California University of Health Sciences- Los Angeles College of Chiropractic, where she received her Doctorate of Chiropractic Medicine. She is also certified and practices:

- Applied Kinesiology (AK)
- Neuro Emotional Technique (NET)
- Total Body Modification (TBM)
- The Lifeline Technique™

She also practices:

- Sacral Occipital Therapy (SOT)
- Diversified Adjusting
- Gonstead Adjusting Style

- Activator Technique

In addition, Dr. Cari considers nutrition an integral part in treating the health and wellness of each person, and spends time helping her clients integrate healthy lifestyles into their healing process.

In addition to her practice in Chicago, IL, Dr. Cari also has an active practice in Los Angeles, CA, where she has worked in a variety of settings, such as the medical center at California State University-Northridge, LA Free Clinic, LA City Help, Silverlake Being Alive HIV/AIDS clinic, and a private clinic in Beverly Hills.

Dr. Cari says that she feels extremely blessed and privileged to be doing this work. Her goal is to continue to impact the lives of as many people as possible in a positive and loving way, helping them achieve and maintain an optimal state of health and wellness.

You can find Dr. Cari at: The Way to Optimal Health in Northbrook, IL or Source Healing in the Chicago Loop. For more information about Dr. Cari and her work, visit her website: www.beoptimal.com or contact her via email: drcarij@gmail.com.

Exploring with Mary



Greetings to you ~

We invite you to ponder this question: What is my significance? And then, let the answers flow in from every direction. Truly let yourself resonate with the gift of your existence for yourself and for the world. There really is no such thing as an insignificant life, passion, thought, ability, decision, movement ...

Everything and everyone in all existence holds infinite gifts to be experienced and shared in a plethora of ways. Take a good, true look at yourself. Remove the barriers of ignorance and self limiting beliefs and begin to see your magnificence and hear your roar. The sound of you that is rising up to be known, witnessed, embraced and celebrated. Let yourself out! Breathe yourself in! Know life with you in the center of it echoing, singing, dancing, vibrating loudly, brilliantly and exuberantly! On the grandest stage and in the quietest whisper, explore and know your significance. There is not a breath you take that does not offer something to you and to others. How you choose to present your wonder to the world is all up to you, we are just encouraging you to be sure to show up and do it.

There is no other just like you in all of existence. Isn't that amazing? You are the only one that will ever be you. You bring a unique expression of life and offering to your world. Don't miss out on experiencing it or offering it while you are there.

If you ask yourself the question, "What is my significance?" and you don't get an answer, ask again and again and again until you stir open the spaces in you that know the answers and then set yourself free to take off into flight with expanded knowing and appreciation of yourself.

It is so important that you know. It is the launch pad for all of your creations.

Enjoy the ride!

Edgeless Love,

Mary

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Hello Friends,

Thank you so much for what you have brought to our lives, to our love and to our creation. We are so gifted to know you to breathe with you and to design our lives with you. We are truly grateful for every moment we have and/or will spend with you. For every time that our souls meet and become edgeless in connection to one another and for every time that our personalities meet and fall more in love in our expanded and deepened knowing of one another. We are truly grateful! Thank YOU!

Without Edges,



Don, Jacque, & Mary at Inner Vortex Publishing

www.themarygroup.com

