



# INNER VORTEX

## PUBLISHING

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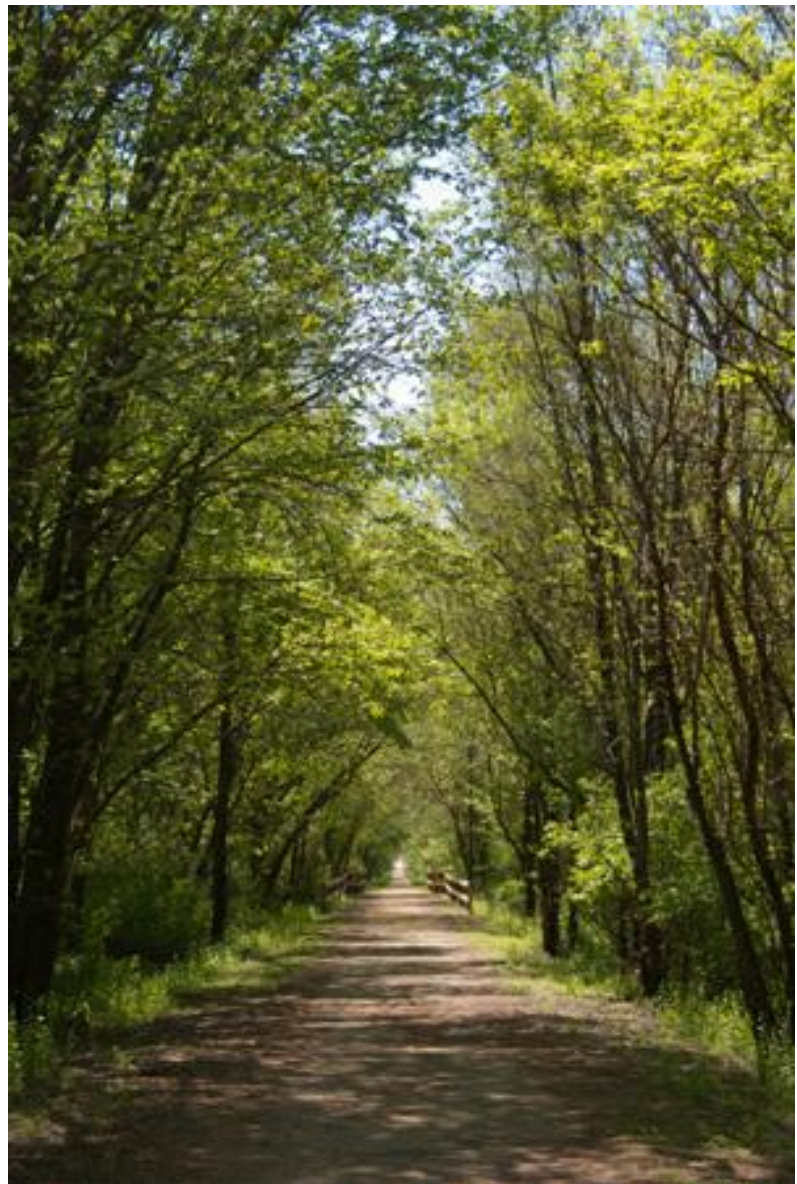
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#### Quick Links

Hello Friend,

Yesterday, I was riding my bike on a Rails to Trails path near our home, with a variety of thoughts streaming through my head, when I felt something to my right beckon my attention. Looking over, I saw the most beautiful old oak tree standing on its own with its branches spread wide, newly formed leaves absorbing the warmth of the sun, casting a most perfect reflection of itself in its shadow that landed gently on an open wild grass field. My soul opened wide to take in the invitation I had received

in that beckoning. I inhaled the moment and my inner eyes along with my outer eyes sharply focused, becoming very present and keenly aware of the beauty that surrounded me in all of the trees that stretched to the sky flanking me on both sides of the path. I began to intentionally breathe in the pulsing life force that they offered me and breathe out my love, appreciation and admiration for them. I swirled in the wondrous experience of being in complete union with



### Authentic Didgeridoos

make great gifts for that special someone who wants to get in touch with their tribal ancestors. You can find a huge variety here at

### The Didj Shop



nature as we exchanged life force energy with each other. What an amazing embrace that was. I can still feel it now, continuing to move inside of me, caressing and opening all of the spaces of my being. It makes me excited to go again and see what more there is to know of and share with one another.

This is such an amazing time of year for me. The birthing of another Spring complete with its unpredictable and diverse weather patterns, bursting colors and fragrances, the re-introduction of the ear tingling sounds of chirping, scampering, buzzing and laughter as birds, animals, insects and people emerge from their cozy winter homes to celebrate the warmth and magic of the new season. Oh, and let me not forget the smell of fresh cut plush green lawns. Yum!

Spring also brings us some big, exciting changes here at The Inner Vortex. We are launching into new ideas and creations in our work with Mary to share with all of you and all of the additional people who we will have the honor to meet and know as this year continues to unfold.

We are going to new places and will soon be offering new formats to touch the world with Mary. All of this keeps Don's and my desks piled high with lengthy "to do" list and we are loving it! The thought of introducing Mary and all they offer to more and more and more people and situations makes my heart sing and my soul open.

Thank you so much for what you bring to us and to our work. Having you to share my life and Mary with is a gift that I treasure immeasurably.

With Expanded Heart,  
Jacque

What's Up at The Inner Vortex

# Join us at Water Over Stone

Friday Evening, May 29th

3309 N. Clark St., (Second Floor)

Chicago, IL

7:00 - 10:00

Click [here](#) for full details

You can pre-register for this event here

[Living Without Edges Workshop](#)

## Other Opportunities to Spend Time with Mary

### Private Vibration Integration Energy Work Sessions

We are offering table sessions designed to rock your senses, stir your vibration and release any stagnate energy that needs to go. You begin with having Donald stir your physical vibration through playing the didgeridoo directly over you from head to toe inviting all of your cells and particles to dance and move and completely release you to infinite relaxation. Then Mary along with the energies of the ancient healing sources of all of the indigenous cultures of the world dive into you - blending their energy with yours, expertly working with all of the layers of your being to offer elation, release and transformation wherever it is needed. This is followed by Mary guiding Donald in a didging of the spine to bring forth all of the healing energies of the spinal fluid leaving you without a nook or cranny untouched by the loving transforming power of you in union with spirit.

\$125 - E-mail us at [info@theinnervortex.com](mailto:info@theinnervortex.com) or call us at 815-623-1475 for more details or to schedule a session.

### Private Conversations with Mary

Dive into an hour long conversation with Mary exploring anything you desire. It's all about you or any topics of your choosing. Mary is amazing at moving with each individual in the most perfect way best suited to them. We have done

hundreds of these sessions and no two are the same. It's truly remarkable. This is an opportunity to meet yourself in unexpected, divine and extremely impactful ways through Mary's guidance. You can do this in person or over the phone. Your choice. Isn't that fun. *Your Choice!*

\$95 - E-mail us at [info@theinnervortex.com](mailto:info@theinnervortex.com) or call us at 815-623-1475 for more details or to schedule a session.

## Mark Your Calendars!!

### **Costa Rica 2010**

We are very excited to announce that due to popular demand, we are planning another amazing, life expanding trip with Mary to Costa Rica!



### **Living Without Edges II**

January 16 - 24, 2010

Join us for an amazing journey into this tropical paradise!

[Click here for details](#)

## Exploring with Mary



Greetings to you Donald ~

..."Oh, what a wonderful world it would be." We believe these are the words to a song in your world. Yes?

What image does this offering of lyrics conjure up in you? What would be a wonderful world in your eyes, heart and created experience? Take a moment now to consider this idea if you will. And then...choose to live yourself in that world. Oh, did we mention it will be necessary to do that from the inside out?

Like this:

A wonderful world would be one that I meet with my sense of wonder, my belief in "it is so *gooooooooood*", my excited anticipation of all possibility, my recognition and experiencing of love, my valuing of differences, my embrace of me...my sharing of my gifts, my choosing to open and receive that which matches and ignites me...

A world where I show up as a reflection or catalyzer of what I choose to experience. A world where I source all of myself and that which I am infinitely connected to, awakening my wisdom and knowing of exactly how to move and what to do to remain in perfect, joyful alignment with my desired creations, in response to any outside circumstances.

A world where I remember and practice the power and elation of truly *owning* myself and my thoughts and my choices and all of their outcomes. A world where I no longer seek to deflect or to hide through excuses, blaming, defenses and explanation and instead emerge brilliantly and expansively in my confidence and my truth and in trust of myself and my choices...and my ability to always make more choices, and more choices and more choices in a straight

line or with lots of twist and turns and clicks of the kaleidoscope offering me a constant new view, new experience of myself and the world around me.

A world where I get, really get, and value who I am and who others are in each of our own unique stories that are in a constant state of writing and always meet them and myself with my love, celebration and anticipation of what the next line of those stories will discover in each of us. A world where my choice to be filled with compassion and belief in myself and others fuels this way of practicing a life to spread and become available to all who desire it.

A world where I explore, learn and choose constantly and edgelessly while allowing and encouraging others to do the same.

Or...

You write and live yours...if you want to that is.

Edgeless Love,  
Mary

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Hello Friends,

Thank you so much for what you have brought to our lives, to our love and to our creation. We are so gifted to know you to breathe with you and to design our lives with you. We are truly grateful for every moment we have and/or will spend with you. For every time that our souls meet and become edgeless in connection to one another and for every time that our personalities meet and fall more in love in our expanded and deepened knowing of one another. We are truly grateful! Thank YOU!

Without Edges,



Don, Jacque, & Mary at Inner Vortex Publishing  
[www.themarygroup.com](http://www.themarygroup.com)

